

Southern Zonal Forum
July 27 -29, 2018
Show-Me Region /Kansas City, Missouri

9:15 – Opened Meeting/Introductions

Fellowship Concerns

SZF Secretary- Kristin D: Last forum serving as Secretary. Thank you for allowing me to be of service. Have learned so much from this body over the years. Passed around a pamphlet that the Writing Steps for Recovery committee had created. Will add to minutes. See attached

Show-Me Region- Tom W., previous RD: last forum for now, honored to have served. Love to all. Introduced us to Scott who is the Regions new Alternate Delegate. Troy is now the current Delegate.

Lone Star/ RD – Sharon: Rotates regional committee meetings. Trying this for two more years. Attempting to get more local involvement. Learning Day set for next Region, Aug. 4th. Had audit , all is good. The body does it, or has someone with the experience. The Regional Convention hires someone to do their audit. Has 7 Areas...Added Outreach and tested it for a year, very successful. Positions open at RSC. H&I and PR do not meet at Region. RCM's brings the information from their committees to the RSC.

SZF Treasurer- Randie : Last Forum as SZF Treasurer. Thanks for allowing me to serve. Esperanza Area continues to struggle to be unified. Groups supporting groups.

SZF Representative- Henry: Canadian Assembly/ Asia Pacific Forum do amazing with tasks (i.e.. fellowship development) We as a Forum within the United States need fellowship development. We have many rural areas within. They were having too (forums outside U.S.) and we (U.S.) were not. We expect development to happen, rather than having to develop it.

Volunteer Region/ PR Chair- Charmaine: VRC is Thanksgiving weekend. This year it will be held in Nashville. The 2018 dates are November 23 – 25 and it will be held at the Millennium Maxwell House, 2025 Rosa L. Parks Blvd, Nashville, Tennessee. For more information and to register online, visit <https://vrcna.org/vrc2018/>. So many Conventions and Campouts occurring "fun" that our other Services are struggling.

Volunteer Region/ AD- Jim: Issue Discussion Topic on Apathy- inside out. Visual representation of information resonates more with people. Delegate team included a link to all RCM's of a PowerPoint they created. Groups were asking to see it as well. Another very beneficial tool to communicate.

Volunteer Region/ RD – Tim: We are trying to focus on regional service rather than conventions in order to get the right servants in the right places. One Area getting too big, unable to get business done, one Area unable to have quorum, and then another Area is growing (Fellowship Development).

Member from Chattanooga, TN.- Lee: "Social Media" make service more attractive.

Red River Region/ RD- B.J.: Fellowship Development occurring in one Area- 3 new groups. Another Area continues to struggle, 2 trusted servants doing all. An addict recently discovered "Google Meeting". An old schedule pops up. How can we fix this? Please contact B.J. to share any experience, strength and hope.

Red River Region/ AD- Steve: Fellowship Development- Large undeveloped "dead" areas/spaces within. Feelings about not being a seated Region. Milestones hit at WSC....grateful the Regions voice is being heard now.

Show-Me Region/ RD- Troy: 1st Forum as Regional Delegate. Looking for some assistance in dealing with predatory behavior. Addict taking advantage of newcomers. Doing a workshop with Scott/ AD in October on Service. Show-Me Regional Convention (SMRCNA 28) will be held at Capitol Plaza in Jefferson City, Missouri, August 17-19, 2018. Hotel address is 1415 W. McCarthy Street, Jefferson City, Mo.

Show-Me Region/ AD- Scott: Elected as new AD in April, prior to the World Service Conference. SMRCNA, Regional Convention is struggling, need rooms filled. Mainly due to the World Convention and other events. Brought flyers for the Multizonal Service Symposium. Please register...mzssna.org. Flyer attached

Louisiana Region/ RD- Lee: Southern Zonal Forum will be in New Orleans in January 2019. *Will have no tomatoes in the gumbo* – per Lee. Question concerning room block, placed into New Business on Sunday. Young Outreach Chair...on fire ! Looking forward to SZF . H& I and PR doing very well. PR has 8 members on their committee. Projects are getting started , i.e. PSA's. Compiling a list of professionals in the communities- trying not to duplicate services that H&I already has.

Bluegrass Appalachian Region/ RD-Scott: Last forum as Delegate. Region has lots of widespread areas in between . Two new Areas within. Asked to do a workshop with 2 additional members at WCNA (World Convention of Narcotics Anonymous). Topic is " Solutions to Areas in Rural Areas". Looking for any ESH. Also see Kentuckiana Region

Bluegrass Appalachian Region/ RDA-Joanie: Region is on mend after issues concerning their regional treasurer. Having a PR symposium at BARCNA 8. Jackie G, previous Delegate is assisting. Will have portions live on Zoom. September 5, 2018. Had an elected official not show up for a year. "Difficult Conversations" were had and the addict was addressed.

Tejas- Bluebonnet Region/ RD-Dennis: AD moved out of state, position is open within the Region. Will be electing a new AD next month. Major theft of funds occurred- Adopt an Inmate (sends literature to inmates), \$28,000 dollars stolen. Writing checks out to cash- Reports were read at the last RSC concerning this matter. Putting in places updated policies . 11 Areas within 5 parts of Texas (southeast). The poorest parts, looking to Fellowship Development. Rio Grande Area- Closest Region next to ASC. Someone is selling t-shirts at meetings. Members are concerned about vendors breaking traditions concerning the sale of T-shirts. Will be discussed during Solution Session.

Arkansas Region/ RD- Delores: rolling off as RD. **UPDATE 8/04 :** *Staying on for 6 more months to ease the transition.* Looking at Fellowship Development. PR Chair doing

great work. So many Areas and so few serving. Meetings opening and closing. PR – trainings and presentations occurring.

Kentuckiana Region/ RD- Joy: "KBARNA" Kentuckiana and Bluegrass Appalachian Regions joined in unity for the World Service Conference. At the WSC they will both be One – KBARNA. Outside of WSC they will continue to be two separate Regions to provide better services for the Areas that they serve.

Members from Plain States Forum: Cindi shared she is very excited about the Solutions sharing session to bring back .

Lone Star Region/ Mary : For us to consider being the example concerning Zonal Forums within the United States. What would it look like if we compiled the 3 "Midwest" Zones or Central America Zones . Think of what we have already accomplished (i.e. Multi-Zonal Service Symposium). Prep, planning, and application. Each of our Zones have so many things to offer. Too much repetition , think of what could happen by coming together. Lets start this conversation, perhaps at the upcoming Multi-Zonal. Continue discussion about Role of Zones, Involvement , and Solutions to issues we face. Can this start with us- yes. Our combined efforts might be a huge step forward. Together we would be 27 Regions.

Kentuckiana Region/Kevin/ Previous RD: "Consolidated" Region- having the experience at WSC. Why don't we think about consolidating other Regions within our Zone. 10 would become 5 at WSC. Regions experience was when CAR motions were combined. Both Regions together were in unison with each other. Helped to also be geographically close. Joy, current RD presented the votes from each and explained the breakdown.

Several other members from the local fellowship/Show-Me Region and neighboring Regions were also in attendance.

Fellowship Solutions to Issue Discussion: 10:45 am

Selling items:

- ❖ Mr. Bill used as an example. He did this for a living and did so respectfully.
- ❖ Refinement of using behavior, then we say, "oh it's ok, that is just him/her".
- ❖ We are at a meeting for a meeting, not to harbor a business.
- ❖ The right to the logo is never "sold". On the application for a license to use the logo it asks what the logo will be placed on and how and who are they distributing it too. You cannot take the license for one thing and then put it on others. Campout/ Conventions used contracted vendors . Groups should decide what happens in their meetings. If a group says no...then no. We must follow the group conscious. If people continue to buy the stuff you cannot really regulate it. We must continue to educate and communicate with those members, groups, areas, and regions. Group Conscious. Vendors are always in it for themselves.
- ❖ Ask the group first if it is ok- and do not sell during the meeting.

- ❖ Question was asked: " Can a person who has a license let another member sell for them?" Yes – employment relationship.
- ❖ Fellowship Intellectual Property and Trust. Under number 11 it says that , "can only sell if you have a contract". For more info look up FIPT at na.org. Set by example....

Predatory Behavior- by older / long term members.

- ❖ Gather older members, one by one. Have a conversation with the individual. If that does not work call police and let them know. Addicts have a right to feel safe. It is a very thin line, unacceptable behavior .
- ❖ A harassment statement could be read in meeting...see attachment.
- ❖ We know who they are and make it a point to watch and assist. Interrupt – protect both men and women. "hands-off". It is our personal responsibility .
- ❖ Service Pamphlet can be a resource.
- ❖ "using our forces"...shared an example of an H&I member taking a member out , taking them home, then returning them to prison. This addict never got them to a meeting like they were supposed to be doing.
- ❖ We must step up – members with time must take responsibility to confront those members causing harm - step up.
- ❖ One members had this happen within their homegroup. They had a group conscience. Had to shadow a member...to restroom, etc....Even after time passed and issues resolved . Group continued to be alert. Prevention.
- ❖ We attract the level of our own disfunction. Difference between a predator and someone who is lonely.

Fellowship Development

- ❖ We need to go to the groups and not wait for them to come to us. Need more Public Relations work, H&I..etc.... We need to focus within the Regions we serve to assist the addicts yet to come. Area created a banner, had all groups within the Area be responsible for passing it along to the next group. Had a journal with it as well as had the group sign the banner. Banner was then sent to South Africa to further promote Unity .
- ❖ Struggle, you step in – help out. Have combined goals – Had variety of activities. Follow-thru.
- ❖ Reach out-Online meetings
- ❖ Poster/ Flyer days, can add specific homegroups.
- ❖ Issue Discussion Topic from 2004-2006, " Who is Missing from Our Meetings and Why?" An addict shared they have an updated version. See attached
- ❖ Help addicts start meetings / Rural Areas/ Fellowship after. Treatment centers used to give out just Big Books years ago. Now they re giving out Basic Texts too. Focus on PR efforts to let facilities know who we are and then follow-thru.
- ❖ Literature racks in hospitals, etc..

- ❖ One Area places the **pound** symbol # next to meetings that need support.
- ❖ 4 Areas within a community uses the Metro outlined in the Guide to Local Service.
- ❖ Does service efforts in a Rural Area , apparently has the highest drug overdose rate in the state of Illinois. Working with probation, judges-started a few meetings- 3 months old. Step out and do – do yourself until others join in (i.e. meetings). Use newspapers, small town newspapers, posters, & fliers. Use media in the counties...PSA's etc. Do not have the expectation you are going to get help. Area had a picnic when only 2 months in existence, gained a few members who came along.
- ❖ Oklahoma – divide :3 Areas – large, a driving metro area, and smaller one. PR had signs made , went to every group. Outlining groups now want to be on the PR "zoom" meeting! Did a P.I. pamphlet campaign- groups adopting facilities and being responsible for filling racks. Outreach adopted a mobile meeting for addicts homebound or in the hospital. Those addicts can request by calling the phonenumber. Guidelines are also in place.
- ❖ There is a Zoom meeting every Thursday night at 10pm eastern time.

Involvement in Service, Rather Than "Parties".

- ❖ Conventions/Campouts. Addicts like to have clear expectations and know when tasks will be completed. An end date. When we talk/communicate more, more will get on board. Clearly defined roles and responsibilities .
- ❖ Switched to having workgroups . Planning for two years and budgets are included as well. If you build it they may come.
- ❖ Few people doing a few things. Now have a virtual meeting. Following information inside the PR Handbook . Using the term, " service opportunities" instead of "work". Getting budgets and also using Planning Tools. We always need more people.
- ❖ Sometimes there are too many restrictions. Can be accountable but may not always need to show up to every subcommittee in person, especially if those serving are far away. We make it difficult when we ask for a report, need to be there in person to also give report...etc. Top it off by being in a rural area far away.
- ❖ All 11 areas within Region are encouraged to attend Region. H& I and PR meet as well. "Survival kits" are given to newcomers. Contact Dennis/RD for Tejas Bluebonnet for more info on these kits.
- ❖ Call groups, ask questions as to why they are unable to attend. Welcome them back. See if there is a solution as why they cannot attend. We make groups show up. How can we look at it differently? Fellowship Development- we spend a lot of time talking about what we do rather than doing what we do.
- ❖ Way too many functions all of the time. Make a commitment to be of service.

- ❖ Google Groups- So many other ways to be of service to our fellowship. Zoom and other forms of technology are great tools we can use. Willingness to try them.
- ❖ Lack of mentorship – too much bureaucracy- until we make them. Willingness of bringing mentorship forward.

Combining Zones / Regions

- ❖ This idea is fantastic however, the volume in numbers may be more difficult to work with- efficiency.
- ❖ It has taken us 20 years to get to where we are as a zone
- ❖ There are similarities amongst our zones. What can we do together that we can't do alone. What can we do in 3 zones, than in 7? This would be outside of the WSC (voting). Our Multizonal Symposium was thinking outside of the box.
- ❖ Discussed the combining of the Regions within Texas, collection of resources to provide services and minimize duplication of services.. The ability to come to a place to do better service.
- ❖ We get caught up in the "mine". 10% take an interest. 9 out of 10 times we have the same info. The coming together for something better, for us. Things get started as a need. Put it together, "more is better".
- ❖ We must become open to accepting web meetings.
- ❖ Plain States have met using Zoom and when members have been unable to make it.
- ❖ The Multizonal has in their programming time for us all to meet. Will look into Saturday evening for all 3 Zones to meet and discuss.
- ❖ Planning and putting together the Multizonal is all done via Zoom. Most met either at the WSC or at the previously planned Multizonal for the first time face to face and a hug.
- ❖ Areas within Volunteer Region uses web meetings to meet.

Workshops Presented Saturday Afternoon

- **WSC**
- **Apathy in Service**

Sunday Business Meeting

Opened with a moment of silence @ 9:20am
 12 Traditions, read by Dennis
 12 Concepts read by Scott

31 addicts were in attendance (we missed you Mississippi) 😊 (((hugs)))

Kristin made a motion to approve January 2018 minutes, Minutes approved.
Randie read Treasurer's in between Report from February – right before July's SZF
Randie went through and read Treasurer's Report from happenings during July's SZF
(See Attached)

Kristin brought up the expenses for the PR Presentation to Professionals. A huge thank you to all that assisted!!!! 😊 KC Metro really enjoyed seeing the entire process happen from beginning to end. They appreciated all of the helpful pieces of information that had been shared face to face. There was a total of 5 professionals in attendance. This is a wonderful start. We do need to think ahead when planning. The hotel contract took place prior to the decision of having the Presentation. The hotel was kind enough to only charge us \$50 for the use of the room. Some additional costs were in providing some simple refreshments (coffee \$25 and snacks). Thank you to the addict who made cookies and brownies for those in attendance at no cost. NAWS also provided the SZF with literature. The literature consisted of a few books, some booklets, PR brochure packets and several IP's for the brochures. The estimated cost was \$150.00. Kristin asked the body to send a donation to NAWS of \$ 150.00. The body agreed. (See treasurer's report)

A question was asked if we could have reports listed in the agenda. We decided to continue to tie reports back into Saturday during Fellowship Concerns. More focus to be placed on what is going on within our Regions. For example, more effort to share the happenings of our PR, H&I and other services occurring within our service bodies. Show how we value what we do . Perhaps less emphasis on our Conventions & Campouts. Plans to create a format to assist the Delegate Teams to know what information is important to the Forum body.

- Saturday we have more time to do this .
- Be specific to each area of service.
- Previous forums (over 12 years ago) used topics addressed and created a "Solutions Pamphlet". May have some old ones on website.
- Incorporate reports into Fellowship Concerns

Another tool presented was for us to create a PowerPoint. The Volunteer Region's Delegate team uses PowerPoints. They noticed the apathy within their region and how they did not use our experienced, past delegates. That is where the idea came from. It came from the current Delegate Team wanting a solution to apathy and being able to use past delegates.

- We can incorporate what has been helpful into PowerPoints...We can practice doing these at the SZF .
- Be understanding that not all have updated versions of PowerPoint. Some computers have settings for this and some do not. Perhaps use an older version.
- Lone Star uses Google Groups (Region and Areas within have a connection). One person manages the group. For example , Delegate Team drops reports, etc., during the World Service Conference. Very effective in sharing information.

Elections

New SZF Treasurer: Scott / Bluegrass Appalachian

New SZF Secretary: Lucy / Volunteer Region

Upcoming Forums

- Fall 2018 will meet on Sunday at the MZSS, SZF admin will be funded.
- January 2018 will be the 25-27 in New Orleans and hosted by the Louisiana Region.(Flyer attached) Workshops will be determined while at the MZSS.
- Summer 2019 will be hosted the Bluegrass Appalachian in Lexington, Kentucky at the Hampton Inn.

Additional Sunday Business

- We need to go back through previous forums and create a spreadsheet of both t-shirt numbers / costs and find the number of rooms booked for each one. Will give us a better idea for the future.
- We do not need to change the hosting organizer/ guidelines. We just need to keep track and be realistic. All depends on the places we go.
- We do need to know what the "Final Costs" will be concerning upcoming forums. Best to know actual costs for Regional budgeting and for those Regions that are only allotted so much per Region for traveling expenses.
- Will be updating the Hosting Rotation.
- Go to Meeting will be due in January. We would like to get Zoom. Lucy will look into it for us.
- Signers on the bank account currently are the treasurer, facilitator and B.J. from Red River (was a newly elected at the time). It has been decided to have 3 admin: Right now it will be the Facilitator, Treasurer and the SZF Representative.
 - Facilitator : Anastasia Henderson
 - SZF Representative : Henry Clayton
 - Treasurer : Scott Kessler
- Checks for the Southern Zonal Forum should be now sent to :

Attn: Scott Kessler

Southern Zonal Forum

137 Lee Drive, Lancaster, KY. 40444

- Delores and Kristin presented that as a forum we look into Fellowship Development. Time to take the next step. It is time to assist the Regions that we serve concerning several tasks such as; PR Presentations, Trainings (PR/H&I) , Assisting Rural Areas , etc... We will look to the EDM, CANA, and the APF for assistance.
- Adhoc Committee was formed to develop a project plan to identify a target and gather more information.

Kristin, Delores, Dyanne, Scott, Charmaine, Dennis, Kevin, Joanie, Joy, Henry, Tom, Janean, Pat, and Randie. Mollee would like to observe. Please let Kristin know if she missed someone.

- For the future...please keep in mind that Forum business does not necessarily end at 11am. This is a scheduled time when we all get together to meet.

To all at the Southern Zonal Forum, thank you for allowing me to be of service. You all have taught me so much.

In loving service and gratitude,
Kristin D.